

# Adverbs of Frequency

always • usually / very often • often • sometimes • occasionally

rarely / hardly ever • never

e.g. (with the verb 'to be')

*I am often late for work*

*She is usually tired in the evening.*

e.g. (with other verbs)

*I occasionally play football at the weekend.*

*She rarely goes to the cinema.*

e.g. (using time expressions)

*I always brush my teeth every morning and night.*

*They sometimes go to the pub once a week.*

## **10 questions for your partner:**

How often do you go to school?

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How often do you visit your friends?

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How often do you go to the park?

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How often do you watch T.V.?

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How often do you drink coffee?

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How often do you drink tea?

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How often do you go shopping?

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How often do you listen to music?

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How often do you cook food from your country?

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How often do you clean your kitchen?

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