

Daily Routine of a Teenager



Hello, my name is Raul.

I am 16 years old. I was born in Spain. Now I live in Dublin.

This is my typical day during the week.

I get up at 7.30. I brush my teeth and get dressed. Sometimes I have a shower in the morning. I have breakfast at 8 o' clock. I usually have cereal, fruit and toast for breakfast. I drink juice. I don't like tea or coffee.



I get my bag ready for school and leave the house about 8.30. I walk to school. It is about 10 minutes from my house. I like school. My school is mixed. There are boys and girls. I am in 4th year. My favourite subjects are Maths, English and Geography.



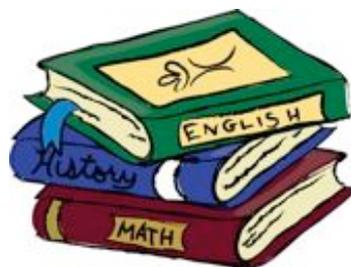
My school day starts at 8.50 and finishes at 3.30. I have two breaks, 15 minutes in the morning, and 30 minutes for lunch.

For lunch I have a sandwich, some fruit and 2 biscuits. I drink water. At lunch I chat with my friends and sometimes play a little football in the yard.



After school I go home and have a little snack. Maybe some fruit or bread. Then I do my homework for about 2 hours. I am tired after doing my homework.

I have dinner at 6 o' clock in the evening. Sometimes I have chicken and rice or maybe beef and potatoes. My favourite dinner is pasta or pizza. I love Italian food.



After dinner I usually watch TV for an hour or two. Then I get my clothes ready for school the next day. I like music. I listen to music in my bedroom. I also like reading. I usually read one of my English books for school before bed.

At 10.30 I brush my teeth and get into my pyjamas. I go to sleep at 11 o' clock. I am tired after a busy day.

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Cut up the paragraphs.
Learners try to make the story in the correct order.

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Answer the questions below.

1. What time does Raul get up?

2. What does he have for breakfast?

3. How does he travel to school? How many minutes away is his school?

4. What are his favourite subjects in school?

5. What does he do at lunch time?

6. What time does school finish?

7. How long does he do his homework for?

8. What is Raul's favourite food?

9. What does he 'get ready' for the next day?

10. What does he do before bed?

Ask your partner	Partner's answers
What time do you get up?	
What do you usually have for breakfast?	
Do you have a shower every morning?	
What do you usually do in the morning?	
What time do you have lunch?	
What do you usually have for lunch?	
What do you do in the afternoon?	
What time do you have dinner?	
What do you usually have for dinner?	
What do you do in the evening?	
Do you read in bed?	
What time do you go to sleep?	

Ask your partner	Partner's answers
What time do you get up?	
What do you usually have for breakfast?	
Do you have a shower every morning?	
Do you clean the house in the morning?	
What time do you have lunch?	
What do you have for lunch?	
Do you visit friends in the afternoon?	
What time do you have dinner?	
What do you have for dinner?	
Do you watch TV in the evening?	
Do you read in bed?	
What time do you go to sleep?	